

The Third International
Anxiety Congress

Shefa Neuroscience Research Center
Khatam Alanbia Hospital

سومین کنفرانس بین المللی اضطراب

مرکز تحقیقات علوم اعصاب شفا
بیمارستان خاتم الانبیا (ص)
بنیاد شهید و امور ایثارگران



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Program At A Glance

Wednesday, 23 November, 2016

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First Session

Opening Ceremony

8:30 - 9:30

8:30 - 8:35	Reading Some Verses of the Holy Quran
8:35 - 8:55	Welcome Speech by the Deputy of the Foundation of Martyrs and Veterans Affairs: <i>General Mohsen Ansari</i>
8:55 - 9:15	Welcome Speech by the Head of Center for Emergency Medical Services: <i>Pir Hossein Kolivand</i>
9:15 - 9:30	Welcome Speech by the Scientific Chair of the Congress: The Importance of Anxiety and Stress Relief Programs <i>Ali Gorji</i>
9:30 - 10:00	Break

Second Session History and Classification of PTSD 10:00 - 12:30	
Chairs	<i>Caitlin Hitchcock, Peter Norton, Philip Ward, Brett Deacon, Mohammedsmaeil Alipour</i>
10:00 - 10:30	Posttraumatic Stress Disorder and Substance Use Disorder: A Review of the U.S. VA/DOD Clinical Practice Guidelines and the Utility of Integrated Care <i>Christi Cabrera</i>
10:30 - 11:00	Review of Evidence-Based and Experimental Treatment of Posttraumatic Stress Disorder <i>Markus Burgmer</i>
11:00 - 11:20	Cognitive Rehabilitation Therapy Implications for Treatment of Posttraumatic Stress Disorder <i>Seyed Ali Ahmadi Abhari</i>
11:20 - 11:40	Trauma and Stressor Related Disorders (Especially Posttraumatic Stress Disorder) in DSM-5 <i>Mohammad Reza Khodaie Ardakani</i>
11:40 - 12:00	Secondary Traumatic Stress Disorder in Iranian War Veterans' Wives with Posttraumatic Stress Disorder <i>Gholamreza Karami</i>
12:00 - 12:30	The Mechanistic Role of Sleep in Posttraumatic Stress Disorder <i>Sean Drummond</i>
10:30 - 12:30	<i>Parallel Workshop 1:</i> <i>The Role of Art Therapy (Music and Psychodrama) on Improvement of Anxiety in Children with Autism Spectrum Disorders (ASD)</i> <i>Kaveh Moghaddam</i> Conference Hall, First Floor

12:30 - 14:00

Pray and Lunch

Wednesday, 23 November 2016

13:30 - 14:00

Poster Presentation: Poster 1- 36

P1 - P12

Poster Guides: *Peter Norton, Ebrahim Behzad, Gholamreza Karami*

P13 - P24

Poster Guides: *Dena Sadeghi Bahmani, Serge Brand, Seyed Ali Ahmadi Abhari*

P25 - P36

Poster Guides: *Maryam Jafarin, Sajad Sahab Negah, Taher Dorodi*

Third Session Cognitive Neuroscience and Social Support in PTSD 14:00 - 16:30	
Chairs	<i>Christi Cabrera, Seyed Ali Ahmadi Abhari, Sean Drummond, Gholamreza Karami, Mohammad Reza Khodaie Ardakani</i>
14:00 - 14:30	The Impact of Physical Activity on Posttraumatic Stress Disorder <i>Simon Rosenbaum</i>
14:30 - 15:00	The Impact of Neuroscience in Understanding Posttraumatic Stress Disorder <i>Markus Burgmer</i>
15:00 - 15:20	Psychological Analysis of Ideal and Well-Developed and Calm Personality from Islamic Points of View <i>Gholam Ali Afrooz</i>
15:20 - 15:50	Cognitive Appraisals and Social Support in Predicting Children's Posttraumatic Stress <i>Caitlin Hitchcock</i>
15:50 - 16:10	The Role of New Communicative Media in Creating Anxiety in Teenagers <i>Fariborz Dortaj</i>
16:10 - 16:30	Art Thrapy and Posttraumatic Stress Disorder in Children <i>Kaveh Moghaddam</i>
14:00 - 16:30	Parallel Workshop 2: <i>Relaxation and Imagery Techniques to Improve Sleep in Patients with Posttraumatic Stress Disorder and to Reduce Nightmares</i> <i>Serge Brand, Dena Sadeghi Bahmani</i> Conference Hall, First Floor



Thursday, 24 November, 2016

Thursday, 24 November 2016 First Session Trauma and Anxiety 8:30 - 10:40	
Chairs	<i>Christi Cabrera, Peter Norton, Gholamreza Karami, Markus Burgmer, Mohammadesmaeil Alipour</i>
8:30 - 9:00	Autobiographical Memory, Trauma, and the Development of Memory Interventions <i>Caitlin Hitchcock</i>
9:00 - 9:20	Trauma and Addiction <i>Reza Daneshmand</i>
9:20 - 9:50	How Do Concepts of Evolutionary Psychology and Evolutionary Psychiatry Explain Anxiety Disorders? <i>Serge Brand</i>
9:50 - 10:20	Social Cognition in Patients with Anxiety Disorders <i>Dena Sadeghi Bahmani</i>
10:20 - 10:40	Neurobiology of Anxiety <i>Sajad Sahab Negah</i>
08:30 - 10:40	<i>Parallel Workshop 3:</i> <i>Cognitive Behavioral Therapy for Insomnia in Posttraumatic Stress Disorder</i> <i>Sean Drummond</i> Conference Hall, First Floor
10:40 - 11:10	Break

Second Session Recent Development in the Treatment of Anxiety 11:10 - 12:40	
Chairs	<i>Caitlin Hitchcock, Dena Sadeghi Bahmani, Serge Brand, Simon Rosenbaum, Sean Drummond</i>
11:10 - 11:40	Recent Developments in the Treatment of Anxiety, Trauma, and Emotional Disorders <i>Peter Norton</i>
11:40 - 12:10	The Benefits of Increased Physical Activity and Higher Cardiorespiratory Fitness in People Living with Mental Health Disorders, with Specific Emphasis on Anxiety Disorders <i>Philip Ward</i>
12:10 - 12:40	Exposure Therapy's Two Cultures: Anxiety-Reducing vs. Anxiety-Increasing Treatment <i>Brett Deacon</i>
12:40 - 14:00	Pray and Lunch

Third Session

Cognitive Behavioral Approaches for the Treatment of Trauma and Anxiety (Workshop)

Peter Norton, Brett Deacon

14:00 - 16:30

Main Hall

14:00 - 14:10	Introduction to Cognitive Behavioral Therapy
14:10 - 14:25	The Importance of Confronting Feared Situations and Memories
14:25 - 14:50	Exposure Therapy - Confronting Situations, People, and Objects
14:50 - 15:10	Exposure Therapy - Confronting Thoughts, Memories, and Impulses
15:10 - 15:30	Exposure Therapy - Confronting Feared Bodily Sensations
15:30 - 15:45	Developing an Individualized Exposure Therapy for Patients
15:45 - 16:00	Questions
16:00 - 16:30	<i>Closing Ceremony</i>



Poster Presentations

Wednesday, 23 November 2016

13:30 - 14:00

Poster Presentation: Poster 1- 36

P1 - P12

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P13 - P24

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P25 - P36

Poster Guides: *Maryam Jafarin, Sajad Sahab Negah, Taher Dorodi*

	Corresponding Author	Title
P1	<i>Maryam Peyravi</i>	A Review of Neuropsychological Function in Post Traumatic Stress Disorder (PTSD) with Substantial Substance Use Comorbidity
P2	<i>Maryam Shahmoradi Pilehrood</i>	The Relationship between Alexithymia and Social Anxiety in Inpatients with Schizophrenia
P3	<i>Saha Esmaeili</i>	Food and Behavior: Long Chain Poly Unsaturated Fatty Acids and Anxiety
P4	<i>Farkhonde Salehi</i>	Evaluation of Death Anxiety of Patient with Cancer
P5	<i>Maryam Peyravi</i>	A Review of Memory Cognitive Function in Patients with Posttraumatic Stress Disorder (PTSD)
P6	<i>Mahboubeh Dadfar</i>	The Effectiveness of Didactic Approach on the Reduction of Death Obsession
P7	<i>Hanieh Abeditehrani</i>	The Prevalence of Social Anxiety in Inpatients with Schizophrenia

P8	<i>Seyedeh Ayda Mousavi Moqadam</i>	The Role of State-Trait Anxiety and Resiliency in Test Anxiety
P9	<i>Arezou Asghari</i>	The Relationship between Trait and State Anxiety: Mediating Role of Coping Strategies
P10	<i>Fatemeh Erfanifar</i>	Prediction of Adolescent Anxiety Disorders Based on Emotional Child Maltreatment
P11	<i>Mahboubeh Dadfar</i>	Validity and Reliability of Death Anxiety Scale (DAS) in Nurses
P12	<i>Mostafa Jasby</i>	Effectiveness of Mindfulness-Based Cognitive Therapy (MBCT) on Reducing the Anxiety Disorder
P13	<i>Maryam Peyravi</i>	Which the Third Wave of Cognitive-Behavioral Therapy in Reducing Symptoms of Veterans with Post-Traumatic Stress Disorder (PTSD) is More Effective?
P14	<i>Mandana Sadat Ghafourian</i>	Anxiety Control Using Q-Learning
P15	<i>Jalal Sayani</i>	The Study Reviews the Status of Sexual Function in 52 Patients Suffering from Psychiatric Patients Post-Traumatic Stress Disorder
P16	<i>Nahid Ramak</i>	Comparative Analysis of the Religious Coping, Optimism, and Social Physique Anxiety between the Disabled and the Normal People in Gorgan
P17	<i>Maryam Jamsahar</i>	Assessing the Effect of Information Provision on Anxiety Levels in Patients Transferring from the Cardiac Intensive Care Unit to the General Ward

P18	<i>Qamar Kiani</i>	The Perceived Stress and its Relationship with Body Mass Index, General Satisfaction, Negative Emotions, Relationship with Teacher among Students
P19	<i>Qamar Kiani</i>	The Relation between Improvement, Adventure, Social Solidarity and Opportunity, Details of Health-Related Quality of Life, with Perceived Stress among Students
P20	<i>Mina Afhami</i>	Investigation the Effect of EMF on Plasma Levels of Corticosterone, Testosterone and Testicular Gene Expression of Gsst1 of Male Rats
P21	<i>Masoumeh Asgari</i>	Prevalence of Social Phobia and its Influencing Factors in Abhar's Students
P22	<i>Fariba Karimzadeh</i>	The Effect of Maternal Stress on the Hippocampal Neural Death in the Newborns Rats
P23	<i>Seyedeh Samaneh Esteghamat</i>	The Course of Anxiety and Depression in Surgical and Non-Surgical Patients
P24	<i>Zeinab Fathipour Azar</i>	The Effect of Art Therapy for the Child with Anxiety Problem: Case Report
P25	<i>Marjan Mohamadi</i>	Post-Traumatic Stress Disorder: A Case Report

P26	<i>Barat Ali Maleki</i>	Anxiety in Patients with Posttraumatic Stress Disorder (War Veterans)
P27	<i>Mohammad Ali Emrani</i>	The Role of Antibiotic Consumption in Anxiety
P28	<i>Saleh Salehi Zahabi</i>	Neuroimaging in Anxiety Disorders
P29	<i>Sara Abdolahi</i>	The Effect of Stress and Anxiety During Pregnancy
P30	<i>Maryam Borhani-Haghighi</i>	Neuroanatomical Basis of Anxiety Disorders
P31	<i>Marziyeh Darvish</i>	Anxiety Disorder
P32	<i>Maryam Borhani-Haghighi</i>	Post-Traumatic Stress Disorder
P33	<i>Maryam Borhani-Haghighi</i>	Role of Brain-Derived Neurotrophic Factor in Pathogenesis and Treatment of Post-Traumatic Stress Disorder
P34	<i>Maryam Borhani-Haghighi</i>	Neuroanatomy of Post Traumatic Stress Disorder
P35	<i>Fatemeh Alipour</i>	Anxiety Disorders Signs in Children
P36	<i>Maryam Borhani-Haghighi</i>	The Role of Yoga in the Treatment of Post-Traumatic Stress

The Abstract Book
of Congress is
Available on [www.
Shefayekhatam.ir](http://www.Shefayekhatam.ir)